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Combination Flow The Formula for a Comfortable Life

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Combination Flow

† Daily 18

Other ingre

Dietary Supplement

60 VEGETABLE CAPSULES





The kidneys are the key organ of the urinary system

They perform vital functions. These include cleansing the blood of toxins and metabolic waste, maintaining water balance and concentrations of sodium, potassium, and calcium, and producing hormones to regulate blood pressure.

They filter

$\sim 120 - 150$ liters

of blood daily. This means the kidneys process the entire blood volume in the body about 20-25 times to produce 1-2 liters of urine.

They consist of



~ | million

nephrons each. These are the basic structural and functional units of the kidneys.



Understanding Kidney Health and UTIs: An Educational Overview

Research shows that UTIs can be associated with kidney stress, and factors like weakened immunity and inadequate hygiene may increase the risk of developing UTIs.

Occasional UTIs may be associated with quality of life impacts, such as:



Mild swelling from fluid retention;



Urinary discomfort;



Occasional fatigue

~ 150 million people

experience symptoms of urinary tract infections annually ^[1]

% of women

encounter urinary tract infections at least once in their lifetime [1]

1. Kovesdy C. P. Epidemiology of chronic kidney disease: an update 2022 //Kidney international supplements. – 2022. – T. 12. – №. 1. – C. 7-11.

How to prevent urinary tract infections?



Thoroughly maintain hygiene



Do not hold urine; use the toilet at the first urge to do so



Drink your daily water need



Choose underwear made from quality materials and of the appropriate size for your body



Avoid getting cold: dress according to the weather and do not sit on cold surfaces







If you've previously experienced UTIs,

your body may benefit from additional support. During periods of stress, phytocomplexes and vitamins can help maintain overall well-being and support the healthy function of the urinary system.

Combination Flow is a comprehensive product to support kidney health





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Combination Flow

Dietary Supplement

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60 VEGETABLE CAPSULES





The key component of Combination Flow is the patented cranberry extract Oximacro®

(Vaccinium macrocarpon). Native to North America, this large-fruited cranberry produces vibrant red berries traditionally valued for supporting urinary tract and overall urinary system health.



Cranberry extract Oximacro® is rich in unique flavonoids called proanthocyanidins (PACs), which may:

- Support a healthy urinary tract
- Promote kidney and bladder health
- Support healthy blood vessels and circulation in the kidneys
- Provide antioxidant support, protecting kidney cells from free radicals

Clinical Evidence Supporting Oximacro[®]. The effectiveness of Oximacro[®] is demonstrated in the study.

in 80% of the cases

Oximacro[®] eliminates the symptoms of UTIs^[2]

Specifically, **28 out of 35 participants** (80%) reported significant relief from urinary tract discomfort compared to placebo.*



*Based on the results of a double-blind, placebo-controlled pre-clinical study. In a double-blind, placebo-controlled pre-clinical study, participants supplementing with Oximacro® experienced notable improvements in urinary comfort (2)

2. Occhipinti A., Germano A., Maffei M. E. Prevention of urinary tract infection with Oximacro®, a cranberry extract with a high content of a-type proanthocyanidins: A pre-clinical double-blind controlled study //Urology journal. – 2016. – T. 13. – №. 2.



Synergy of Plant Extracts and Vitamin B6 to Support Kidney Health



Nettle and Parsley's extracts

support natural elimination, fluid balance, and urinary tract health by promoting an environment less favorable to bacterial adhesion ^[3, 4]





Juniper and Horsetail

provide antioxidant support, helping protect cells and supporting the urinary tract's natural defenses ^[5, 6]

3. Bahramsoltani R. et al. Petroselinum crispum (Mill.) Fuss (Parsley): an updated review of the traditional uses, phytochemistry, and pharmacology //Journal of Agricultural and Food Chemistry. – 2024. – T. 72. – №. 2. – C. 956-972.
4. Devkota H. P. et al. Stinging nettle (Urtica dioica L.): Nutritional composition, bioactive compounds, and food functional properties //Molecules. – 2022. – T. 27. – №. 16. – C. 5219.
5. Haziri A. et al. Antimicrobial properties of the essential oil of Jupiperus computing.

5. Haziri A. et al. Antimicrobial properties of the essential oil of Juniperus communis (L.) growing wild in east part of Kosovo //American Journal of Pharmacology and Toxicology. – 2013. – T. 8. – №. 3. – C. 128.

6. Makia R. et al. Pharmacology of the species Equisetum (Equisetum arvense) //GSC Biological and Pharmaceutical Sciences. – 2022. – T. 18. – №. 2. – C. 290-294.

Synergy of Plant Extracts and Vitamin B6 to Support Kidney Health



Ginger

contains bioactive compounds that support urinary tract health by promoting a balanced environment that is less favorable to harmful bacteria ^[7]



Vitamin B6

supports kidney health by promoting healthy fluid balance and helping the body maintain healthy oxalate levels, which is important for overall urinary tract function ^[8]

7. Mashhadi N. S. et al. Anti-oxidative and anti-inflammatory effects of ginger in health and physical activity: review of current evidence //International journal of preventive medicine. – 2013. – T. 4. – N^o. Suppl 1. – C. S36.

8. Stach K., Stach W., Augoff K. Vitamin B6 in health and disease //Nutrients. – 2021. – T. 13. – №. 9. – C. 3229.

Combination Flow: Contents of 1 Capsule

Oximacro[®] (Cranberry Extract)

240 mg

Juniper Fruit Extract

50 mg

Parsley Leaf Extract

125 mg

Nettle Leaf Extract 25 mg



Ginger Root Extract 25 mg

Horsetail Herb Extract

75 mg

Vitamin B6 (pyridoxine hydrochloride) 2 mg

Comprehensive Support for Kidney Health





Synergy of Plant Extracts and Vitamin B6

Patented Ingredient Oximacro® with effectiveness supported by clinical studies





Suitable for Vegetarians